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> > By Our Reporter

SHILLONG: The opposi-

tion Congress is set to tar-

get the NPP-led MDA gov-

ernment over the assault of

Agnes Kharshiing and Am-

ita Sangma while probing il-

legal coal mining and trans-

portation and the alleged

role of members of the rul-

ing party in the attack dur-

ing the one-day special ses-

A Congress member said

on Sunday the opposition

will take up the issue of

breakdown of law and order

in Jaintia Hills vis-à-vis the

allegations of illegal coal

mining and transportation,

among other important is-

sues to be raised by the party

By Our Reporter

SHILLONG: The political patronage

in coal trade despite the NGT ban was

brought to the notice of the authori-

ties a month before the attack on ac-

tivists Agnes Kharshiing and Amita

In a joint letter written on October

4 this year, the president and general

secretary of the Association of Meg-

halaya Traders and Transporters, En-

rico D Pasi and Dalangki Suiam, re-

spectively, had written to the DC and

WASHINGTON: Another

major terrorist attack in In-

dia of the magnitude similar

ing from Pakistan could eas-

concerning the state.

sion on Tuesday.

Total no of pages - 12

passing a fresh resolution

on the need to recognise

Khasi-Garo language, the

Business Advisory Commit-

tee (BAC) that met on

Thursday had accepted

more agenda from the pri-

bly committee on environ-

ment is also part of the agen-

business followed by pri-

vate members' business on

the same day at the special

session, as per the calendar

completes the government

business, the opposition

will take up the worsening

law and order situation by

way of a call attention mo-

After the treasury bench

Formation of an assem-

There will be government

vate members.

da of the session.

fixed by the BAC.

Though the special sestion under rule 54 (1) of the

sion was initially called for rules of procedure and con-

Opp to corner MDA govt

over coal nexus tomorrow

CLP meet today to discuss strategy for Tuesday's special session

'Coal trucks belong to relatives,

associates of people in power'

East-West Jaintia Hills admin fails to act on traders' Oct 4 letter

SP of East Jaintia Hills and the SP of

West Jaintia Hills to initiate action

against illegal transportation of coal.

ports by NGOs and media, the ban

on coal mining and transportation has

not been enforced in both the Jaintia

till date, there are several coal laden

trucks regularly supplying coal to

various destinations in Meghalaya

Another 26/11 type terror strike in

India will lead to war: Experts

"Such activities cannot be per-

The association pointed out that

Hills districts.

and outside the state.

The letter said despite several re-

sembly.

ESTABLISHED 1945

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VOL NO: 61 ISSUE NO. 106

SHILLONG, MONDAY, NOVEMBER 26, 2018

duct of business in the assault of activists and the

Meghalaya Legislative As-

the private members' busi-

ness is to raise discussion

for half an hour on a matter

of urgent public importance

under rule 50 of the Rules of

Procedure and conduct of

business in Meghalaya Leg-

sions, the opposition is ex-

pected to call for an inde-

pendent probe into the po-

litico-police-coal mafia nex-

HM Shangpliang refused to

divulge the details of the call

attention motion and sepa-

rate discussion on the mat-

ter of urgent public impor-

When asked whether the

Congress spokesperson

Through the discus-

islative Assembly.

Another agenda under

role of NPP in the incident

will be raised, Shangpliang

indicated that all these will

be part of general issues

concerning the state to be

sues to be raised by the op-

position will have reference

to the serious breakdown of

law and order in Jaintia Hills

with particular reference to

the attack on the NGO lead-

ers, Agnes and Amita by a

gang led by NPP leader from

East Jaintia Hills, Nidamon

sues related to law and or-

der will be raised, Shang-

pliang, who is also the sec-

retary of Congress Legisla-

tive Party (CLP), said, "The

CLP will meet on Monday

formed without being patronised by

government machineries. Surprising-

ly, most of the coal-laden trucks are

owned by the relatives or close asso-

ciates of strong and powerful people

who are at the helm of affairs in the

state," said the transporters' body in

ers and their close affiliation to the

strong and powerful people, immedi-

ate action should be taken to stop

illegal mining and transportation of

coal in the two districts.

They said irrespective of the own-

(Contd on P-10)

Stating that a lot of is-

Sources said that the is-

raised by the opposition.

www.theshillongtimes.com

Explosion kills three children in Arunachal

ITANAGAR: Three children were killed when a live bomb they thought was a toy exploded near a firing range of the Indian Army in Arunachal Pradesh's Anjaw district, an official said on Sunday.

The incident occurred on Saturday evening at Chirang village when the children picked up the used shell and began playing with it.

The shell exploded, killing them on the spot. Chief Minister Pema

Khandu expressed shock and grief at the incident, and condoled the deaths of the three children.

He announced an exgratia of Rs 4 lakh each to the family of the deceased.

Khandu cautioned the villagers against going near danger zones such as the Army firing ranges.

Also, the chief minister asked the Indian Army to issue advisories or put up sign boards depicting danger zones or restricted areas. (IANS)

First surgery on Agnes rescheduled By Our Reporter

SHILLONG: The first sur-

gery on Agnes Kharshiing that was scheduled for Monday has been postponed, said her brother John Kharshiing on Sunday.

John said the surgery has been rescheduled and the date will be announced lat-

Earlier in the day, John had said the family consented to the surgery on her right

After she was admitted on November 8 with multiple wounds following the near-fatal assault, the doctors could not carry out surgery as she was not stable.

There were consultations between the family and the doctors for the last few days regarding the surgery as the family wanted to ensure her safety since there were head injuries.

According to family members, at times, Agnes's speech is not coherent due to the pain and agony she is undergoing.

ST POLL

Question: Do you think India today is better equipped to negate a 26/11 type terrorist attack on its soil?

(Poll closes at Midnight)

Yesterday's Result

Question: Do you agree with DD Lapang that there should be an independent probe into the assault of the activists?

YES 81% NO 19%

Mumbai terror attack. 166 people, including Americans, were killed in the attack carried out by ten Pakistan-based Lashkar-e-Taiba (LeT) terrorists. Nine of the attackers were killed by police while lone survivor Ajmal Kasab was captured and hanged after year but none of its seven handed down death sen-

10th anniv of Mumbai terror attacks

tence by an Indian court. to the 26/11 strike originat-Perpetrators of the 26/11 ily escalate into a regional attack, including its masterwar, scholars, former diplomind and banned Jamat-ud mats and US officials have warned ahead of the 10th freely in Pakistan, indicating anniversary of the deadly that Islamabad is not serious in bringing them to jus-

The JuD is believed to be the front group for the LeT. The US has offered a USD 10 million bounty for Saeed.

The 26/11 attack case has entered into the 10th

been punished yet, showing that the case had never been

in its priority list. "The victims of 26/11 Dawa (JuD) chief Hafiz have yet to see the master-Saeed, continue to roam minds of the attack in the LeT and the Inter-Services Intelligence (ISI) face justice; unfortunately, that is virtually impossible in Pakistan," former CIA official

Bruce Riedel told PTI. Riedel, senior fellow and director of Brookings Intelligence Project, believes that another terror attack in India of similar magnitude suspects in Pakistan has would result in a war be-

tween the two countries. "If another attack of this

magnitude occurs, there will be war," he said.

Pakistan's former envoy to the US Husain Haqqani said: "With US-Pakistan relations in a tailspin and hawkish attitudes dominating the subcontinent, one cannot predict if and how the situation would be controlled in the event of another major terrorist attack in India, with clear linkages to groups in Pakistan".

He said Pakistan "must fulfil its promise of acting" against the masterminds of the 26/11 attack. (*PTI*)

Related report on P-5

CM-level border talks to delay

By Our Reporter

SHILLONG: The Assam-Meghalaya chief ministerial level border talks will take more time as the neighbouring state is yet to give any date for holding a meeting.

In the recent past, there were a few cases of border skirmishes the deputy commissioners of respective districts in Assam and Meghalaya.

A senior government official said in the past, Meghalaya had written to Assam to hold chief secretary level talks as precursor to the chief ministerial level talks but in vain as there was no response from Assam.

The last chief ministerial level meeting between former chief minister Mukul Sangma and his Assam counterpart Sarbananda Sonowal was held on April 1 last year and the decision was to have a chief secretary level meeting and discuss about a boundary commission.

The April 1 chief ministerial level which were dealt with at the level of meeting was held after seven years when Sangma met Tarun Gogoi.

Though the Meghalaya Assembly elections and other assignments had delayed the next chief ministerial level meeting, there is a demand from several quarters to resume border talks.

The state government had in the (Contd on P-10) past submitted





Transporters against MDA's weighbridge policy

By Our Reporter

People participate in a funeral procession of Hizb-ul-Mujahideen top commander

Ab Majeed, who was killed in an encounter with security forces, at Souch

SHILLONG: There is opposition to the new policy of the MDA government to set up random weighbridges against the wish of the Supreme Court to set up Integrated Check Posts (ICPs).

The president of the Association of Meghalaya Traders and Transporters, Enrico D Pasi, on Sunday petitioned Chief Minister Conrad Sangma that despite the fear of mushrooming of

weighbridges, surprisingly the present government came up with a new Meghalaya State Policy for Weighbridges, 2018, which is contrary to the direction of the apex court and is nothing but a means for reversal of the situation to the old days of highway extortion once there are multiple check stations along the highway.

The association has asked the government to recall the policy of 2018 and promote (Contd on P-10)

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Phone No: +91 364 2501359 +91 364 2224702

No. SMB/PW/62/18-19

and submit the feedback.

make a final decision on

the matter after getting

holders.

feedback from the stake-

The issue related to the

Recently, when the case

was taken up by the High

Court, the government had

consultations will be held

Earlier, several attempts

to hold civic polls failed as

there was opposition from

the pressure groups and

informed the court that

with the stakeholders.

amendment to the Munici-

pal Act will also figure

when a final decision is arrived at by the govern-

The government will

Dated, Shillong, the 10th Sept. 2018

GENERAL PUBLIC NOTICE

By virtue of the agreement dated 04.01.1954 between the Syiem of Mylliem State. Shillong and the Shillong Municipal Board, the Syiem of Mylliem State has allowed the Shillong Municipal Board (SMB) to use the vacant plot of Sweeper's Line for erecting shops, go-down. and the remaining portion will continue to be use for accommodating the Sweepers.

Over the period of time, it has been noticed that large number of unauthorized settlement and encroachments has taken place over the herein said land. The High Level Committee is also seized with the matter and it has been mandated to find out practical and feasible solution to the problem. Earlier on 24th May 2001 efforts have been made by the Shillong Municipal Board to find out the extent and magnitude of unauthorized encroachments over the land of Shillong Municipal Board.

In view to establish the factual position as to the number of residents/persons occupying this public land, an opportunity is given again to the residents/persons to come forward and report to the (designated office SMB) as to their occupation and years since they have been in occupation, nature of occupation etc.

It is in the interest of the residents to cooperate with Shillong Municipal Board and furnish the above said details. As the information so furnished by the occupants would be used for taking administrative decision including examination of legal claim of the residents if any. The above said information is required to be furnished within a period of 15 days (fifteen days) of Issuance of this notice, by submitting and filling the pro-forma at (the office of the SMB) failing which SMB shall not entertain any claim in the future and shall take appropriate decision in accordance with law.

Sd/-

Chief Executive Officer Shillong Municipal Board

Air quality

Air Quality Index(AQI) of City/Town/Industrial Areas in the state of National Air Monitoring Programme (NAMP)

Location		Air Quality Index (AQI) value	Rating
1.	Lumpyngngad, Shillong	33	Good
2.	Barik, Shillong	42	Good
3.	Dawki	24	Good
4.	Tura	33	Good
5.	Byrnihat (EPIP)	118	Moderate
6.	Nongstoin	33	Good
7.	Umiam (Industrial Area)	95	Satisfactory
8,	Khliehriat	43	Good
9.	Polo, Shillong	39	Good
10.	4 % Mile, Upper Shillong.	48	Good

AQI calculation is as per standard procedures prescribed by Central Pollution Control Board (CPCB), New Delhi.

Good: 0-50; Satisfactory: 51-100; Moderate: 101 - 200; Poor: 201-300; Very Poor: 301-400; Severe: >400



Meghalaya State Pollution Control Board

Air pollution exposure linked to breast cancer

busy roads are at high risk of developing breast cancer, due to traffic-related air pollution, researchers have warned.

The team, from University of Stirling in Scotland, analysed the case of a woman who developed breast cancer after spending 20 years working as a border guard at the busiest commercial border crossing in North America.

The woman was one of, at least, five other border guards who developed breast cancer within 30 months of each other and, at another nearby crossing, a cluster of seven other cases was noted.

According to Michael Gilbertson, the findings "infer a causal relationship"

Researchers also identified a link between nightshift work and cancer

between breast cancer and very high exposures to traffic-related air pollution containing mammary carcino-

A link between nightshift work and cancer was also identified by the researchers. "This new research indi-

cates the role of traffic-related air pollution in contributing to the increasing incidence of breast cancer in the general population," Gilbertson said.

The group of women all developed a cancer believed to have been caused by exhaust fumes in what

researchers have branded a 'new occupational disease'. There is a one in 10,000

chance the cases were a coincidence, the study published in the journal New Solutions said, because the cancers were all so similar and close together.

A review of previous research confirmed that BRCA1 and BRCA2 genes -- which try to stop tumours growing -- can be 'silenced" by exposures to dioxins and polycyclic aromatic hydrocarbons both found in exhaust

BRCA2 gets rapidly de-

graded in the presence of aldehydes - also components of exhaust fumes.

"There is much more research to be undertaken," Gilbertson said.

"But we now have plausible mechanisms for inferring how the BRCA1/2 tumour suppressors in this highly-exposed border guard became dysfunctional and likely contributed to the ongoing epidemic of sporadic, early onset, premenopausal breast cancer among her colleagues.

"With this new knowledge, industry and government can plan for new designs for industrial and commercial facilities to cut down on the occupational exposures to traffic-related air pollution," Gilbertson said. (IANS)

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and signifies happiness,

peace and purity. For best

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the walls in the west direc-

tion. It is also a good color

green colour has healing

properties. It is the colour

of vitality and renewal that

can be re-imagined in every

room of your home. Green

is a shade that springs with

effervescence, and perhaps

because of its roots in na-

ture, it's also extremely ver-

satile. Since, it is a restful

colour that signifies growth

and renewal, the green col-

our is also inspired, brings

comfort and equilibrium. It

is beneficial health relating

* Shades of green: The

for the library

Researchers have observed reduced sperm count in that smoking is linked to DNA damage in had 50 per cent lower count sperm and that of sperms than those with smokers have The findings showed more breaks in

Sperm count 50%

lower in men whose

fathers smoke: Study

that, independently of nicthe DNA strand otine exposure from the mother, socioeconomic factors, and their own smoking, men with fathers who smoked had a 41 per cent lower sperm concentration and 51 per cent fewer sperm count than those with non-smoking fathers.

Thile studies have

repeatedly linked

maternal smok-

ing during pregnancy with

male children, a new re-

search showed that men

whose fathers smoked at

the time of pregnancy also

non-smoking fathers.

"I was very surprised that regardless of the mother's level of exposure to nicotine, the sperm count of men whose fathers smoked was so much lower," said Jonatan Axelsson, specialist physician at Lund University in Sweden.

"We know there is a link between sperm count and chances of pregnancy, so that could affect the possibility for these men to have children in future.

"The father's smoking is also linked to a shorter reproductive lifespan in daughters, so the notion that everything depends on whether the mother smokes or not doesn't seem convincing," he add-

However, the research has not determined the underlying mechanisms behind this. But, similar studies have shown links between smoking fathers and various health outcomes in children, such as malformations, Axelsson

It could be because most newly occurring mu-I tations (known as de novo 20 years. (IANS)

mutations) come via the father and there are also links between the father's age and a number of complex diseases, said researchers in the paper published in the journal PLOS

In addition, researchers have observed that smoking is linked to DNA damage in sperm and that smokers have more breaks in the DNA strand.

Children of fathers who smoke have been reported to have up to four times as many mutations in a certain repetitive part of the DNA as children of non-smoking fathers

"Unlike the maternal | ovum, the father's gametes continuously throughout life and mutations often occur at the precise moment of cell divi-

"We know that tobacco smoke contains many substances that cause mutations so one can imagine that, at the time of conception, the gametes have undergone mutations and thereby pass on genes that result in reduced sperm quality in the male offspring," Axelsson said.

The study was conducted on 104 Swedish men aged between 17 and

Home improvement

Redesign interiors with interesting colours

To create a calm and warmth to it. Even though you can relax in is about more than just comfortable furniture. If the walls of your living space are loud and vibrant, then it's going to do nothing for your stress level. At the same time you don't have to resign yourself to boring white so make sure you redesign your interiors with interesting colours.

Anjali Jain, owner of Kala Drishti and Madhu Kotiya list down tips to redesign the interiors with colours

* Coral colour: You can go for coral shades with cooler undertones. The coral colour is a combination of hues like orange, pink and red. Coral enhances the room and brings a touch of

nce simple grooming

your nails in perfect

shape, hair shining and skin

glowing, salons and spas

are getting a makeover in

these days of increasingly

varying degrees of dispos-

able incomes, beauty junctions are evolving to be-

come health and wellness

centres for people to also

and back rubs at home to

luxurious "me time" hours

spent at high-end spas, the

market caters to clients with

pockets shallow and deep,

going from several hundred

rupees to many thousands.

hurima Gupta of the centre

for wellness at Delhi's Sar-

vodaya Hospital and Re-

search Centre here, visits to

reconnect mind, body and

sessions weekly, as well as

on vacations. "Today's life-

style is such that people

have money but no time for

themselves. In such situa-

tions, spas and salons are

becoming extremely popular

because these are places

where people can get away

from their phones and work,

de-stress and relax," Gupta

Cigna TTK Health Insur-

ance conducted across 23

markets noted that nine out

of 10 Indians are stressed,

with 95 per cent of them be-

ing millennials. The study

also cited work as one of the

major triggers for shooting

stress levels.

A 2018 global survey by

She recommends such

According to Dr Mad-

From simple massages

relax and rejuvenate.

In towns big and small and targeting those with

stressful urban lives.

peaceful area where it's a soothing colour, yet it can also be the perfect bold statement. This colour signifies peace and it keeps negative feelings at bay.

* Mauve colour: If you want your dining area a little sophisticated, then go for Mauve. It's not too gray, not too violent. It is completely soothing and a graceful colour. This slightly subdued tint is bright enough for a fun-filled environment, but just calm enough to work in an adult's bedroom when it is mixed with a palette of gray, black, blue, or cream. This is somehow related to spirituality and inspires reflection and self-awareness.

* Beige colour: Beige is also known as tan or buff, the background as the area, Beige is the perfect



cream. It diverges from elegant accessories pop nearly brown to very pale into the foreground. To give cream. Beige will fade into a cozy vibe to your living

colour tone. You can add plush pillows and a soft throw and lounge in the to heart, lungs and circulaspace all day. This colour is tory system. (IANS)

Beauty/Style guide

Best of handcuffs, rings combo to adorn with Banarasi prints

anarasi prints, saris and fabrics can never lose their charm and to further add beauty to its already-rich elegance, you must don it with your favourite pair of handcuffs and rings, on any occasion.

Nidhi Yadav, Founder and Creative Head, AKS Clothings and Kunwar Sahib Singh, Creative Head, Motiwala & Sons list down some tips to enhance your looks with Banarasi prints with handcuffs and rings combos

* Become the desi diva by fusion or Indo western look: When in confusion regarding festive attire, play safe and don the Indo western attire as they gel up well with any festivities and looks uber elegant too on the young ladies.

Contrasting Banarsi crop tops or cholis with a lesser pleated skirt is an amazing option for the girls. Be it dark, deep, light, pastel and coral, everything will work. This look itself strikes many eyes, and when spiced up with a wide gold band or handcuff, it totally adds more exposure to your overall getup. It's a perfect mix, especially for occasions like wedding and its other cer-

* Banarasi silk lehengas with bold rings: Ravishing Banarasi silk lehengas are the all-time classic outfits. To add the royal bling they can be further adorned with interesting works of zari or any other delicate embroi-

To go loud with the banarsi silk lehengas try wearing one bold ring, fol-





work. Every month, he spends about five per cent of his earnings at spas and spas and salons help one

fered at the spas and salons

cures and manicures come with complimentary arm and leg massages, and body spas usually involve the use of ayurvedic and essential oils and scrubs that give the skin a renewed glow.

A nice back rub or a foot massage does the trick for city-based Sharad Agarwal. leaving him refreshed for an all-consuming month at anything between Rs 2,000 and Rs 4,000. A combination of massages can cost up to Rs 7.000.

a kind of 'me time' or 'time to pamper oneself' is gaining great importance," she said.

visitors also look to relieve be enjoyed by spending aches and pains after the (PTI)

Other benefits of such spas include improved circulation and firming of the skin. "Me time" is sought also by the visitors of NEU Salonz, which has multiple

time which is rare nowadays. After a good salon visit, they walk out not only looking beautiful but also rejuvenated and relaxed," said a salon owner. In Gupta's view, regulated spa and salon sessions are necessary in addition to the daily health routine that one might follow to maintain functional efficiency" "Good health is achieved not only through your daily habits including a healthy diet, moderate exercise, quality sleep and preventive care, but also by giving your mind and body a chance to reconnect, which is why I would recommend visiting spas and salons," she said.

a splendid touchup to your style statement; it totally acts as an extension to your looks and makes you stand unique in the crowd. It's a perfect blend of classic and modern styles to entice

* Go fusion with banarasi jacket and dhoti pants with stacked rings: Banarsi dhoti pants are a great savior, especially when it comes to donning the traditional look in the chilling cold winters. Not just they look extremely elegant and stylish but are also a perfect option to invest in during winters. Pair lowed by a series of nar- banarsi silk dhoti pants with style statement when rower rings, teamed well a denim jacket or try going

add great elegance to your look when worn with one of the amazing stacked rings.

* Shine with a mingle of plazzo or pant style sari with kada cum bracelets: This style of sari draping is a major hit amongst the young fashion conscious ladies of the nation who are huge fans of sari but don't feel very much comfortable in the attire. Pant or Plazzo style sari will not only gift the women with the happiness to move freely in saree but will also amp up their fashion quotient. And, with winters nearing this look of sari will make an eclectic sported with cool blazers

and jackets of the season. The overall look will get extremely attractive when combined with Kada cum bracelets

* Sparkle with banarsi anarkali and statement rings: Banarasi anarkalis, the evergreen beauties of the ethnic world look stunning in festivities when tuned in well with the accessories. Its ethnic opulence to the core looks beautiful with the sequence and embroidery on the heavy neckline and sheer sleeves with gotta patti. Team it up with gold tatement ring and maang tika or jhoomar chandbalis to add that retro touch to the festive look with little extra flair. (IANS)

spas get a healthy makeover A salon visit can also give your mind

and body a chance to reconnect

From beauty to wellness,



salons, getting head and neck massages, pedicures and sometimes even full body spas if he is in a mood to splurge. "The massages facilitate better blood circulation, relieving me of body aches due to the long hours of sitting at work," the 27year-old said. The range of services of-

are varied and often are a combination of beauty and Hair spas are combined with head, neck, shoulder and back massages, pedi-

Full body spas like Thai massage, hot stone massage, deep tissue therapy, aromatherapy, ayurvedic massage among others can

Vibha Rastogi, director of the Sawadhee Traditional Thai Spa in Vasant Kunj, said spas provide the "me time" most of her clients are looking for. "Our guests are usually looking for relaxation and to de-stress from their everyday life. Seeking

wellness programmes at the spa are aimed at balancing as well as rejuvenating the mind, body and spirit, with their treatments being a blend of traditional spa rituals and modern therapies. "We put great emphasis on the overall wellness of an individual. The therapies focus on relaxation and de-stressing, general well-being, fitness and anti-aging," Rastogi

She added that many

outlets across NCR. "A salon visit is an emotional experience and they go to salons for their 'me